


Autumn / Winter

Menu 2024/25




Introducing our Autumn/Winter School Lunch Menu, offering **high quality**, varied dishes using **local** and **seasonal** ingredients where possible!

Did you know?

All poultry, pork and beef we use are traceable right back to the farm and, where possible, sourced from **East Anglian** suppliers.

We use **wholewheat** flour in our bread and pastry recipes! In addition to this menu, we offer a number of **themed menus** to celebrate holidays and seasonal events, please check details with your school.



A full allergen list for this menu can be found on our website www.norsecatering.co.uk
Should your child have a medically-diagnosed allergy or health condition and needs an alternative menu, please complete our Allergen Aware Registration Form which can be found in the school



If you think your child/children may be eligible for a **FREE** school meal visit www.gov.uk/apply-free-school-meals

www.norsecatering.co.uk

Please note the menu may be subject to change to meet local needs.



1

Monday Tuesday Wednesday Thursday Friday

Hot Option 1	Margherita Pizza with Potato Wedges (v)	Breaded Chicken with a Dip and Mexican Rice	Chipolata Sausages with Yorkshire Pudding and Gravy	Beef Bolognese with Pasta	Breaded Fish Fingers
Hot Option 2	Tex Mex Chilli with Steamed Rice (v)	Cheese and Tomato Pasta Bake (v)	Plant Sausages with Yorkshire Pudding and Gravy (v)	Sweet Potato and Lentil Curry with Steamed Rice (v)	Garden Vegetable Goujons (v)
Served with	Crunchy Vegetable Sticks	Sweetcorn	Mashed Potato, Broccoli and Carrots	Mixed Vegetables	Chips and Peas or Baked Beans
And for Pudding	Lemon Cupcake	Pear and Ginger Sponge with Custard	Oaty Cookie	Beetroot Brownie	Vanilla Crunch Bar with Apple Wedges

Week One: 4 Nov | 25 Nov | 16 Dec | 20 Jan | 10 Feb | 10 Mar | 31 Mar — Fresh Fruit Available Daily



2

Monday Tuesday Wednesday Thursday Friday

Hot Option 1	Margherita Pizza (v)	Beef Burrito Bake with Steamed Rice	Roast Chicken with Stuffing, Roast Potatoes and Gravy	Pork and Carrot Meatballs in Tomato Sauce with Pasta	Breaded Fish Fingers
Hot Option 2	Spanish Omelette (v)	BBQ Plant Balls with Pasta (v)	Cheese and Potato Pie with Gravy (v)	Vegetable Risotto (v)	Vegetarian Enchilada (v)
Served with	Potato Wedges and Baked Beans	Mixed Salad	Cabbage and Carrots	Peas and Sweetcorn	Chips and Peas or Baked Beans
And for Pudding	Autumn Feast Muffin	Cocoa Mousse	Toffee Cream Shortbread	Apple Crumble with Custard	Flapjack with Orange Wedges

Week Two: 11 Nov | 2 Dec | 6 Jan | 27 Jan | 24 Feb | 17 Mar — Fresh Fruit Available Daily



3

Monday Tuesday Wednesday Thursday Friday

Hot Option 1	Margherita Pizza with Tomato Pasta (v)	Chicken Curry with Steamed Rice	Roast Chicken with Stuffing and Gravy	Beef Burger in a Roll	Breaded Fish Fingers or Salmon Fingers
Hot Option 2	Vegemince Curry with Steamed Rice (v)	Cheesy Pasta (v)	Lentil Roast with Gravy (v)	Homemade Bean Burger in a Roll (v)	Cheese and Potato Pastry Pinwheel (v)
Served with	Sweetcorn	Mixed Vegetables	Roast Potatoes, Carrots and Green Beans	Potato Wedges, Coleslaw, Peas and Sweetcorn	Chips and Peas or Baked Beans
And for Pudding	Cocoa Sponge with Sauce	Vanilla Ice Cream	Shortbread with Apple Wedges	Fruit Jelly	Iced Sprinkle Cake

Week Three: 18 Nov | 9 Dec | 13 Jan | 3 Feb | 3 Mar | 24 Mar — Fresh Fruit Available Daily